

Monroe Community College Health Studies: Clinical Track			Rochester Institute of Technology Nutritional Sciences		
Course #	Course Title	Credits Granted	RIT Course #	Equivalent Course Title	Credits Accepted
ENG 101	College Composition	3	UWRT 150	FYW: Writing Seminar	3
MTH 160	Statistics I	3	STAT 145	Introduction to Statistics I	3
BIO 144	Human Anatomy and Physiology I	4	MEDS 250	Anatomy & Physiology I/lab	4
HED 130	Foundations of Health and Wellness	3	EXSC 205	Sports Physiology and Life Fitness (major elective)	3
SOC 101	Introduction to Sociology	3	SOCI 102	Foundations of Sociology	3
BIO 145	Human Anatomy and Physiology II	4	MEDS 251	Anatomy & Physiology II/lab	4
HED 115	Death and Dying	3	PSYC 231	Death and Dying (social perspective)	3
PHL 103	Introduction to Ethics	3		Open Elective	3
PSY 101	Introduction to Psychological Science	3	PSYC 101	Introduction to Psychology	3
	Program Elective with HED, HEG, PEC or PPE prefix (2nd semester)	3		Possible Wellness Requirement*; dependent on MCC course completed	0
FSA 108	Principles of Healthy Cooking <i>Advising note: Substitute in place of BIO 202 or HED 208</i>	3	HSPT 215	Principles of Food Production & Service	3
PSY 212	Developmental Psychology- Lifespan	3	PSYC 226	Developmental Psychology (scientific principles perspective)	3
HEG 215	Global Health and Culture	3		Meets RIT Global Perspective Requirement	3
CHE 151	Open Elective 1 (3rd semester) <i>Recommend at MCC: General College Chemistry I</i>	4	CHMG 141 CHMG 145	General & Analytical Chemistry I General & Analytical Chemistry I Lab	3 1
CHE 251	Open Elective 2 (3rd semester) <i>Recommend at MCC: Organic Chemistry I</i>	5	CHMO 231 CHMO 235	Organic Chemistry I Organic Chemistry I Lab	3 1
BIO 217	Nutrition <i>Advising note: Select during 4th semester</i>	3	NUTR 215	Foundations of Nutrition Science	3
MTH 165	College Algebra <i>Advising note: Select during 4th semester</i>	3	MATH 101	College Algebra	3
FSA 106	Food Safety and Sanitation <i>Advising note: Substitute for HED</i>	1		Open Elective	1

	<i>101/HED 114 or HED 118</i>					
CHE 152	SUNY General Education Elective <i>Recommend at MCC for CABM**: General College Chemistry II</i>	4		CHMG 142 CHMG 146	General & Analytical Chemistry II General & Analytical Chemistry II Lab	3 1
ECO 111	Open Elective 3 (4th semester) <i>Recommend at MCC for CABM**: Principles of Microeconomics</i>	3		ECON 111	Principles of Microeconomics	3
Total Credits		64		Total Credits Transferred		60
				Estimated Remaining Credits Needed for Graduation after Transfer		63

*A list of MCC courses that fulfill RIT's wellness requirement is included below. Courses not included on the list can be evaluated for transfer equivalency. List updated 5/17/2023.

EMS 110 Emergency Medical Technician EMS 236 Advanced Cardiac Life Support EMSF 120 CPR- Health Care Provider FPT 111 Firefighter I HED 101 CPR and Care HED 207 Emotional Wellness HED 212 Women's Health and Wellness PE 101 Co-ed Personal Fitness PEC 100 Fitness Theory/Cond Profess PEC 113 Co-ed Weight Training PEC 121 Co-ed Racquetball/Volleyball PEC 123 Introduction to Kayaking PEC 148 Physical Fitness PEC 150 Adventure Bound PEC 151 Co-ed Golf	PEC 157 Co-ed Raquetball PEC 166 Co-ed Bowling/Volleyball PEC 179 Lifeguarding PEC 194 Downhill skiing/snowboarding PEC 250 Fitness and Wellness PEC 253 Stress Management PEJ 101 Physical Fitness I-CJ PEM 132 Basketball PEW 145 Dance Technique PEW 148 Fitness for Women PFT 241 Fit, Test & Measurement PPE 106 Individual Sports PPR 126 Football PPE 213 Gymnastics Theories/Practices PPE 250 Fitness and Wellness
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**CABM: Combined Accelerated Bachelors/Masters Degree. The CABM in Nutritional Sciences (BS), and Dietetics and Nutrition (MS) is the degree pathway leading to eligibility to sit for the Registered Dietitian Nutritionist (RDN) credentialing examination. Successful completion of the graduate degree in Dietetics and Nutrition is required to be eligible to sit for the RDN credentialing exam.

Additional Courses Needed if Transferring to Combined Accelerated Bachelors/Masters Degree

Monroe Community College			Rochester Institute of Technology		
Course #	Course Title	Credits Granted	RIT Course #	Course Title	Credits Accepted
Level 1 Priority*					
BIO 155	General Biology I	4	BIOL 101 BIOL 103	General Biology I General Biology I Lab	3 1
BIO 156	General Biology II	4	BIOL 102 BIOL 104	General Biology II General Biology II Lab	3
No MCC equivalent. Student will need to take this course or approved equivalent course before starting third year BS coursework at RIT. CHMB 402 offered through RIT in summer.			CHMB 402	Biochemistry I	3
Level 2 Priority*					
ACC 101	Accounting Principles I	3	ACCT 110	Financial Accounting	3
BUS 208	Organizational Behavior	3	MGMT 215	Organizational Behavior	3

*Courses listed in alphabetical order by RIT course prefix.