Career Outlook

This program aligns with your plans to be an administrator or manager of a health and well-being program or initiative for government or organizations; and also if you plan a career as a health and well-being educator/communicator, instructional program designer, developer, implementer.

Interested in going to medical or dental school or pursing doctoral studies in nutrition, health promotion, exercise science or public health? This program will benefit these career goals!



Clinical Health Sciences Center-home to the Health & Well-being Management program.

Founded in 1829, Rochester Institute of Technology (RIT) is a top ranked university emphasizing career education, experiential learning and research. More than 18,000 students are enrolled in these cutting-edge programs.



- healthandnutrition@rit.edu
- rit.edu/HealthWellbeing-MS
- @needs_WSHN
- facebook.com/WSHNneeds

Health & Well-being Management

Master of Science

RIT Rochester Institute of Technology



The Master of Science in Health and Well-being Management prepares you for a career in health and well-being program design, administration and research.

- ▶ 12-month program
- Part-time options
- Some courses on-line

Two emphasis options allow you to meet your goals. Both options prepare you for a career in health and well-being and offer opportunities to develop your research expertise.

Emphasis 1: Content
Development, Implementation,
& Evaluation attends to the
infrastructure of a health and
well-being program, focuses on
development of content and domain
expertise (e.g., exercise, behavior,
nutrition).

Emphasis 2: Health & Well-being Program Management relates
to the structure or framework of a
program, managing the health and
well-being unit within corporate or

self-employment venues.

In addition to the core curriculum, shown below, and to customize the program to your career goals, you will take 12-15 credit hours of electives. Visit www.rit.edu/HealthWellbeing-MS to see the possibilities!

Course Number	Course Name	Credit Hours
WSHN 700	Research Methods in Health & Well-being	3
WSHN 701	Health & Nutrition Education & Evaluation	3
WSHN 702	Dissemination & Implementation Science for Health & Well-being	3
PSYC 640 OR MATH 655	Graduate Statistics Biostatistics	3
WHSH 710 OR	Health Risk Identification & Management (Emphasis Plan 1)	3
HLTH 710	Health Law, Economics & Policy (Emphasis Plan 2)	J
WSHN 797 OR	Health & Well-being Project	3
WSHN 790	Health & Well-being Thesis	6

Learn more about the Health and Well-being MS degree!



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